

Questions Library

SOWK 699.20

5 ways to say a question

Questions

Interventive Questions – gathering information but introducing some form of difference

What is the language – is it innocent or value laden

Does it bring hope?

What does that look like?

In what ways does it show up in your life?

How does it present itself?

If you were watching it on a TV screen how would it play out?

How does x manifest

Draw me a picture of how this looks in your life

How would x describe its relationship with you?

What does that mean for you? (How they make sense of x)

What meaning do you attach to that?

What does that tell you?

What message is she sending?

What effect does blank have on you?

How do you interpret that?

What does it mean for your future?

What are the implications of x?

How does that fit for you?

How does that make sense?

How does that resonate with you?

How does this suit you?

How does this influence/impact your story?

What connections do you or can you make here?

How does this relate to other experiences?

What are the barriers? Great alternatives but position them in an appropriate way to avoid unintended consequences or having the client answer with a self-deficiency.

What could potentially prevent you or hold you back?

What could come in the way of your progress?

When do you feel stuck or unable to move forward?

What are some difficulties in trying to achieve this?

What are some roadblocks or stumbling blocks that may come in your way?

S: What are the factors that we need to take into consideration in order to move forward?

S: How do we make what we are working on doable?

What is the hardest part of your situation?